

## Bampton Church of England Primary School Lunch Menu - Summer 2024 - First Half Term

	Week 1	Week 2	Week 3	Week 4
<b>Monday</b>	Oven baked West country sausages potato wedges and baked beans. v Homemade vegetable quiche potato wedges and salad. Fruit shortcake and fruit juice.	Freshly made macaroni cheese sweetcorn and garlic bread. Coconut crunchie.	Pasta carbonara, sweetcorn and garlic bread. v Butternut squash and bean risotto. Jam tart and custard.	Bank Holiday
<b>Tuesday</b>	Tomato pasta bake with sweetcorn. v Homemade soup and bread roll. Crackers and fruit or strawberry mousse pot.	Homemade sausage roll, seasoned potato twisters and wholewheat spaghetti hoops. v Vegetable sausage roll, seasoned potato twisters and wholemeal spaghetti hoops. Fresh fruit and ice cream.	Homemade chicken and ham pie, creamed potatoes, runner beans and gravy. v Cauliflower cheese Sticky chocolate cake	Mild chilli con carne, rice and broccoli v Quorn and broccoli stir fry Cornflake crunchie & fruit juice
<b>Wednesday</b>	Roast chicken, roast potatoes carrots, cabbage and gravy. v Roasted vegetable tart. Fudge Tart	Roast Beef, roast potatoes, carrots, fine beans and gravy. v Homity pie, carrots and fine beans. Creamy rice pudding with warm jam.	Roast Gammon, roast potatoes, carrots and fresh cabbage. v Vegetarian roast. Apple cake.	Roast Pork, roast potatoes carrots, broccoli and gravy. v Lentil loaf. Summer fruit crumble and custard.
<b>Thursday</b>	Homemde beef lasagne, coleslaw, salad and garlic bread. v Vegetable lasagne, coleslaw, salad and garlic bread. Banana sheet pancakes.	Mild and creamy chicken curry, broccoli and cauliflower rice, naan bread and mango chutney. v Sweet potato & lentil curry Strawberry biscuit bar and custard.	v Margherita pizza with salad bar. Summer fruit crumble & custard	v Big bowl soup optional toppings of pasta & sweetcorn with a cheese scone Orange and mango smoothie.
<b>Friday</b>	Oven baked battered cod, golden fries and peas. v Spanish omelette and golden fries. Lemon cookies.	Oven baked salmon fingers, fries peas and tomato sauce. v Falafel salad Iced carrot cake.	Fishcake, golden fries, carrot and cucumber sticks, and BBQ sauce. v Cream cheese bagel, golden fries, carrot and cucumber sticks. Fruit muffin and milk.	Oven baked breaded fish fingers, golden fries and peas. v Cheese wheel Chocolate cracknell and milk.

<b>Month</b>	Week 1	
	Week 2	
	Week 3	
	Week 4	

<b>April</b>	M	15	22	29		
	Tu	16	23	30		
	W	17	24			
	Th	18	25			
	F	19	26			

<b>May</b>	M			13	20	
	Tu		7	14	21	
	W	1	8	15	22	
	Th	2	9	16	23	
	F	3	10	17		

If you think that your child may be entitled to free school meals please speak to the school office

**v - Suitable for vegetarians**