

Bampton Church of England Primary School Lunch Menu - Spring 2024 - Second Half Term

	Week 1	Week 2	Week 3	Week 4
Monday	Pasta carbonara, sweetcorn and garlic bread. ✓ Homemade potato and leek soup with homemade bread roll. Coconut Crunchies	Freshly made meatballs in a creamy tomato sauce, pasta, broccoli and garlic bread. ✓ Tomato tumble. Fruit salad and ice cream	Homemade macaroni cheese, sweetcorn and garlic bread. Melting moment and milk.	Homemade vegetable quiche, crispy potato wedges, and sweetcorn. ✓ Homemade soup and roll. Fruity flapjack and juice drink.
Tuesday	Homemade sweet and sour chicken, rice and peas. ✓ Chinese noodle wrap. Fruit Jelly	Homemade cheese and tomato pizza with salad bar. Muesli crunch and milk	Chicken in a bun, seasoned potato wedges, coleslaw, green salad and BBQ sauce. ✓ Egg roll and salad. Raspberry ripple ice cream pot.	Hot dog sausage in a roll, salad bar and BBQ sauce. ✓ Stuffed pepper and salad. Custard biscuit and milk drink.
Wednesday	Beef burger in a bun, coleslaw, new potato salad and pasta salad. ✓ Homemade bean burger. Fudge Tart	Local Devon pork sausages, creamed potatoes, baked beans or peas. ✓ Vegetarian sausages, creamed potatoes, baked beans or peas. Creamed rice pudding with jam.	Homemade cottage pie, broccoli, cauliflower and gravy. ✓ Leek and potato bake. Sticky apple and ginger cake.	Homemade chicken & veg pie, creamed potatoes, farmhouse veg and gravy. ✓ Country vegetable pie Orange and mango smoothie
Thursday	Roast Chicken, roast potatoes, carrots, fine green beans and gravy. ✓ Vegetable Roast, roast potatoes, carrots and fine green beans. Strawberry biscuit bar and custard.	Dartmoor Roast Beef, roast potatoes, carrots, fresh cabbage and gravy. ✓ Country garden crumble. Iced carrot cake.	Roast gammon, roast potatoes, carrots, runner beans and gravy. ✓ Roasted vegetable tart. Fruit crumble and custard.	Roast pork, apple sauce, roast potatoes, carrots, parsnips and gravy. ✓ Homemade homity pie. Bakewell tart and custard.
Friday	Breaded salmon fingers golden fries and peas. ✓ Bean paella and golden fries. Fruit cookie and milk	Battered cod, crispy fries, peas and tomato sauce. ✓ Cream cheese bagel, crispy fries and peas. Sheet banana pancake and scoop of Ice cream	Tuna and mixed pepper wrap, fries carrot and cucumber sticks, tomato sauce. ✓ Quorn noddle stir fry with fries. Chocolate cracknel and fruit juice.	Oven baked fish cake, fries peas and tomato sauce. ✓ Oven baked falafel in pitta with fries Fruit muffin

Month	Week 1	
	Week 2	
	Week 3	
	Week 4	

February						
	M	19	26			
	Tu	20	27			
	W	21	28			
	Th	22	29			
	F	23				

March						
	M		4	11	18	25
	Tu		5	12	19	26
	W		6	13	20	27
	Th		7	14	21	28
	F	1	8	15	22	

If you think that your child may be entitled to free school meals please speak to the school office

✓ - Suitable for vegetarians